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# Video Games



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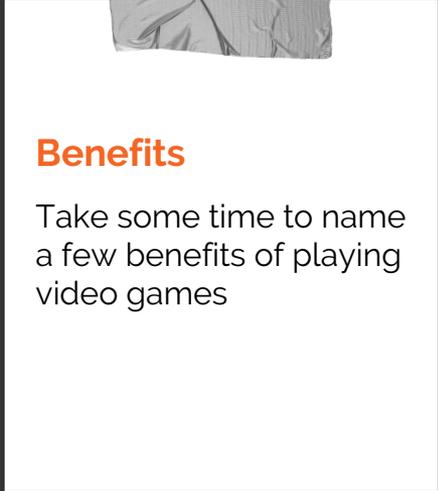
# What games do you play?

Name a few



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# Why do you play video/online games?



## Benefits

Take some time to name  
a few benefits of playing  
video games



# Benefits

- **Fun! Fun! Fun!**  
Did I say Fun?
- **Take a break from hard work**  
Relaxation after homework
- **Strengthens Brotherhood**  
When friends play together or get together to play games, they become better friends.
- **Some games are educational**  
They help me learn

**But let's pause that for a bit...**

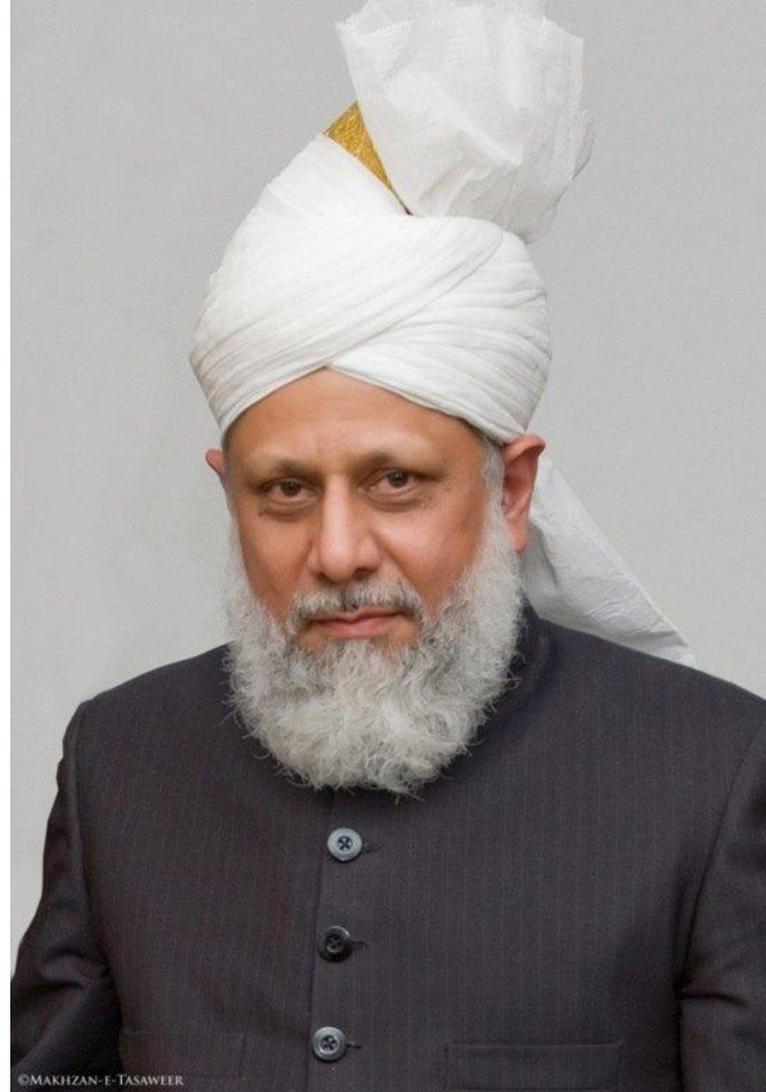


**Did you hear the recent instructions of  
Huzoor <sup>aba</sup>?**

Huzoor (aba) said that there is an increasing trend in Khuddam and Atfal wasting time playing certain online games such as **'FORTNITE'**. These games expose our youth to violence and wasteful spending of money.

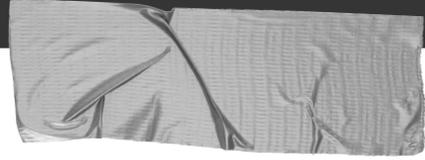
Huzoor <sup>aba</sup> stated:

**“This is inappropriate and is considered a vain practice. Ahmadis should not involve in it. You should advise children to refrain from such futile practices”**



—  
**What is a vain  
practice?**

**When does  
playing games  
become a vain  
practice?**



**Holy Quran (23:4)**

وَالَّذِينَ هُمْ عَنِ اللَّغْوِ مُعْرِضُونَ ﴿٤﴾

And who shun all  
that which is vain



# Vain Practices

→ **Waste Time**

Activities that waste time

→ **Waste Money**

Spending money on useless activities

→ **Distracts from important goals**

Distract you from Salat, homework, healthy activities, other good works

# Is playing games a vain practice?

Playing games have benefits as we listed earlier

**BUT**

They become vain practice when they

- Waste Time
- Waste Money
- Distracts from important goals



—

**So What should we do?**

# Limit Time

Limit time spent -  
Games can be  
addictive if we  
are not careful

Games with  
continuous play  
on phone &  
computer - so  
you are playing  
them all the time

Don't take time  
away from  
studies, salat,  
family, and other  
important goals

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# Limit Money Spent

We should not waste money

In-game purchases like skins/weapons can waste a lot of money

Games that require small amount of spending add up quickly... avoid such games

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# Make Better Choices

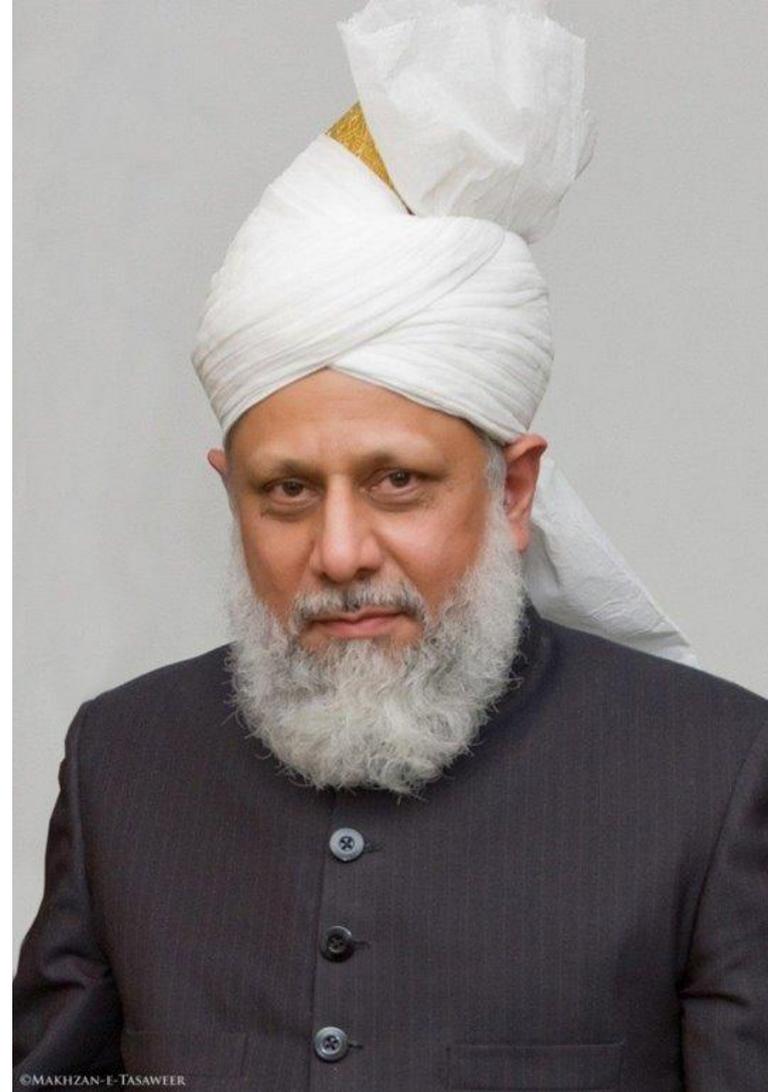
Play sports or other healthier activities like biking

Play educational games

Play non-violent games like sports games

I also wish to remind the younger members of Waqf-e-Nau, who are still members of Atfal-ul-Ahmadiyya, of their responsibilities. All of you should pay full attention to your studies at school. Similarly, you should not waste your time playing computer games or other electronic games, rather when you have some free time go outside and play games or sports and take benefit from the fresh air. This will benefit your health and well-being in the long-term.

Concluding Session of the National Waqifeen-E-Nau Ijtema Uk on February 26, 2017



*... and I will try my best to obey  
all instructions given by  
Hazrat Khalifatul Masih.  
InshAllah*

Where have you heard this?

# For older Atfal/Parents:

